

Rancho Sol y Mar Volunteer Application Form

(Please fill out form and email to: ranchosolyamar@gmail.com).

Please complete a separate application for each individual and include a recent photo)

Name:

Age: M/F: Height/Weight:

Dates that I would like to volunteer: (start): (end):

Previous Travel and/or Volunteering Experience:

Special Interests:

Physical Limitations?

Dietary Limitations?

Allergies (including bee stings)?

Prescription Medications?

I am able to lift 50lbs easily (yes/no):

I am able walk several miles a day (yes/no):

Emotional issues or any other additional considerations we should be aware of?

Please describe your "relationship" with weed, alcohol or other drugs:

Would you be able to commit to not using drugs at the ranch, including pot,

in support of local efforts to reduce usage in Mayto?

Please tell us about any specific background you have with agriculture, permaculture,

or sustainability systems:

Please provide a photo of yourself taken within the past year.

I have read the Volunteer Guidelines and am interested in volunteering.

signed & dated: